



LightSight

SEEING BLINDFOLDED

By:

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Table of Contents

1. What is it?
2. How Does It Work?
3. We Are Energy
4. Activating the Clairs
5. What is LightSight?
6. The Rules
7. Tools Needed
8. The Meditation
9. The Practice
10. The Healing Journey
11. The Ascension
12. Connection

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1. What Is It?

LightSight is seeing blindfolded. It is known by many names including Infovision, Vision Extra Ocular, MindSight, Vibravision, information Perception, Inner Vision and more. It is the ability to see without the physical eyes.

LightSight is taught all over the world in different academies supporting the varying techniques that bring this super human ability to reality.

It has been known to support the blind community by allowing a non-sighted person the ability to perceive without their eyes.

It is a spiritual practice bringing forward forgotten psychic abilities that all people can attain.

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2. How Does It Work?

According to scientific data we use only 8-10% of our brain's mental capabilities. The remaining 90% is generally underutilized. There is an understanding that LightSight "pulls in" activity from different regions of the brain that are not associated with visual perception. It is safe to say that this skill is utilizing different areas of the brain creating new neural pathways and enhancing brain development.

Some refer to this as "dermo-optical perception" where special cells we have in our skin can detect subtle temperature allowing us to make a connection to the color being perceived. However this does not explain how something is seen from a distance without touch.

I will explain how LightSight works on the next page

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3. We Are Energy

Scientists have been able to take apart the fundamental core components of an atom to see that it is actually an energy vortex.

The famous double-split experiment proved that matter is both wave and particle depending on the observer.

In essence, everything is energy!

The Princeton Engineering Anomalies Research Lab (PEAR) known for researching the human consciousness found results demonstrating our consciousness is not completely contained within the body - but is able to reach great distances (which makes Remote Viewing possible).

LightSight is the practice of expanding this consciousness to be able to SEE without the need of physical sight.

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4. Activating the Clairs

There are many ways that we can perceive information such as through psychic senses.

- clairaudience-*clear hearing*
- clairsentience-*clear feeling*
- clairvoyance-*clear seeing*
- claircognizance-*clear knowing*
- clairgustance-*clear tasting*
- clairalience-*clear smelling*

There are two main ways to receive information with your clairs: Subjectively (received from within) and Objectively (received externally) which is more rare.

It is important not to discount your other clairs in your LightSight practice because they support opening up your ability to have dynamic perception.

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5. What Is LightSight?

LightSight is seeing without the need for physical sight or perception. LightSight is the expanding of the energy body, the soul, the human consciousness in order to access energetic information.

Therefore any information is accessible and can be detected through various modes of psychic perception.

When practicing LightSight, it is important to allow all of these experiences as a possibility as they help opening up the psychic center, activating the third eye, expanding the clair-senses and nurture the right brain (center for creativity, imagination and dreaming).

Eventually, you will be seeing with your light!

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6. The Rules

Begin your practice ensuring that you're well rested, feeling content and relaxed. It is important to NOT have worries, anxieties, stresses, discomforts or time restraints invading your practice. Any distractions such as this will lower your vibrational frequency reducing your success.

Find a quiet, clear space to do your practice (at a desk, on a yoga mat) that is clear of clutter and distraction.

Remain child-like, curious, open, relaxed and uncaring about the results - just like a child! If you have an attachment to the experience you want, a result you need or any expectation this will reduce your success.



7. Tools Needed

You need a quality blackout meditation mask. The best one on the market - guaranteeing 100% darkness which is extremely important. Ensure that it is fitted comfortably and that you are in complete darkness with eyes open or closed inside the mask.

[GET THE MANTA MASK](#)

Have a pile of random colorful craft paper, markers, crayons or markers.

- No objects that you can predict the color of.
- No black, brown, grey, very dark blue or purple. Bright, vibrant colors only!
- Allow these to be within reach and in random order.

Give yourself 20 minutes maximum of practice!

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8. The Meditation

Meditation will put you closest to the Theta brainwave state as possible. This is the state of creativity, channeling, dreaming, psychic work and intuition.

Begin your meditation with your favorite music.

Visualize:

1. Breathing in Bright White Healing Light from Source
2. Breathing down tree roots or a cord to Mother Earth to Ground
3. Breathing up feelings of Protection, Safety.
4. Begin Rubbing Hands together to play with the awareness and feeling of your body's energy.
5. Expand your Energy as far as you can into the Universe
6. Begin by exploring the colors you prepared



9. The Practice

Experiment with holding the randomly chosen color over your eye area, the heart-space, under your feet and around your head. There will be an indication, impression, awareness or color.

Have someone confirm for you, or prepare your items with a hot glue gun traced out word on each color in advance. You can also record yourself and rewatch your video.

Guessing at first is okay. Be playful! Allow lots of mistakes. Don't ridicule yourself or get down about results. Keep practicing, keep it fun and interesting. Stop when you're frustrated and tired.

You will be Seeing with your Light when you notice "seeing" a color through the light or darkness through a tunnel or pinholes.

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10. The Healing Journey

Practicing LightSight can bring up a LOT of unhealed wounds and traumas. For example, when thinking "I can't do this", ask yourself where this belief comes from. Journal on this, meditate. Begin to understand beliefs instilled by experiences do not define you. Release and let go.

In order to access your innate spiritual abilities you must Acknowledge and Let Go of limiting beliefs. The only thing blocking you from experiencing your limitless potential is the belief systems instilled from early childhood conditioning.

Believe that LightSight is possible, your innate spiritual skill, your forgotten ability, your journey to remembering your limitless potential! You must learn to believe and trust your experience.

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11. The Ascension

LightSight is the future of humanity! This is the beginning of returning to our high vibrational human potential - unlimited, powerful and abundant.

Imagine a world where we can see something before it happens, know when someone is lying, see something hidden, sense someone's thoughts and make better choices. Imagine if this was the norm and every individual lived fully from the heart and had discernment, autonomy and sovereignty.

The world would have no more corruption, deception, lies and manipulation. It would inevitably create peace, unity and love - towards our ascension journey!

Practicing LightSight is important Spiritual Work,
Transformative and Powerful!

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12. Connection

In a LightSight Session you get:

- tangible experience seeing with your Light
- seeing colors, numbers and letters
- reading blindfolded
- tools and techniques to support your success
- printable resources to utilize in your practice
- experience working with dimensional spaces
- an opportunity to ask questions
- connecting with a like-minded community

You will expand your skills and find the confidence to embrace your innate spiritual potential in returning to your Lemurian & Atlantian ancestral lineage and remembering through heart centered awakening.

Welcome to LightSight!

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